

Articles & Reports

Managing the Boss

T.A. Frank with the Drucker Institute (2017)

<https://www.drucker.institute/monday-archive/monday-issue/managing-the-boss/>

The Right and Wrong Way to Manage Up at the Office: Don't assume good work will speak for itself

Sue Shellenbarger (2018)

<https://www.wsj.com/articles/the-right-and-wrong-way-to-manage-up-at-the-office-1523366792>

Spending 10 Minutes a Day on Mindfulness Subtly Changes the Way You React to Everything

Rasmus Hougaard; Jacqueline Carter; Gitte Dybkjaer (2017)

<https://hbr.org/2017/01/spending-10-minutes-a-day-on-mindfulness-subtly-changes-the-way-you-react-to-everything>

How Are You Protecting Your High Performers from Burnout?

Matt Plummer (2018)

<https://hbr.org/2018/06/how-are-you-protecting-your-high-performers-from-burnout>

When to Change How You Lead

McKinsey Quarterly (2015)

<http://www.mckinsey.com/global-themes/leadership/when-to-change-how-you-lead>

Books

Leading with Emotional Courage: How to Have Hard Conversations, Create Accountability, and Inspire Action on Your Most Important Work

Peter Bregman (2018)

Suddenly in Charge 2nd Edition: Managing Up Managing Down Succeeding All Around

Roberta Matuson (2017)

Crucial Conversations: Tools for Talking When Stakes are High

Kerry Patterson, Joseph Grenny, Ron McMillan & Al Switzler (2011)

Up the Mood Elevator: Living Life at Your Best

Larry E. Senn (2012)

The 7 Habits of Highly Effective People: Powerful Lessons in Personal Change
Steven Covey (2013)

First, Break All The Rules: What the World's Greatest Managers Do Differently
Jim Harter, Marcus Buckingham (2016)

The 4 Disciplines of Execution: Achieving Your Wildly Important Goals
Chris McChesney, Sean Covey, Jim Huling (2016)

It's Okay to Manage Your Boss: The Step-by-Step Program for Making the Best of Your Most Important Relationship at Work
Bruce Tulgan (2010)

Co-active Coaching: New Skills for Coaching People Toward Success in Work and Life
Laura Whitworth, Karen Kimsey-House, Henry Kimsey-House, Phillip Sandahl (2007)

Apps

To track digital use in support of work/life integration

Moment

<https://itunes.apple.com/us/app/moment-screen-time-tracker/id771541926?mt=8>

SelfControl

<https://itunes.apple.com/us/app-bundle/self-control-block-facebook-and-cure-mobile-addiction/id1249482903?mt=8>

Welltory

<https://welltory.com/>

TEDx Talks

Are You a Giver or a Taker?

https://www.ted.com/talks/adam_grant_are_you_a_giver_or_a_taker

Why Good Leaders Make you Feel Safe

https://www.ted.com/talks/simon_sinek_why_good_leaders_make_you_feel_safe

The Puzzle of Motivation

https://www.ted.com/talks/dan_pink_on_motivation

Articles & Reports

How to Create a Powerful Vision for Change

John Kotter (2011)

<https://www.forbes.com/sites/johnkotter/2011/06/07/how-to-create-a-powerful-vision-for-change/#68bebcdb51fc>

To Lead, Create a Shared Vision

James M. Kouzes and Barry Posner (2009)

<https://hbr.org/2009/01/to-lead-create-a-shared-vision>

Books

Why Simple Wins: Escape the Complexity Trap and Get to Work That Matters

Lisa Bodell (2016)

Creativity, Inc.: Overcoming the Unseen Forces That Stand in the Way of True Inspiration

Ed Catmull and Amy Wallace (2014)

The Power of Habit: Why We Do What We Do in Life and Business

Charles Duhigg (2014)

Switch: How to Change Things When Change Is Hard

Chip and Dan Heath (2010)

The Mind of the Leader: How to Lead Yourself, Your People, and Your Organization for Extraordinary Results

Jacqueline Carter and Rasmus Hougaard (2018)

Originals: How Non-Conformists Move the World

Adam Grant and Sheryl Sandberg (2017)

The Way We're Working Isn't Working: The Four Forgotten Needs That Energize Great Performance

Catherine McCarthy, Jean Gomes, and Tony Schwartz (2011)

A Leader's Legacy

Barry Posner and James M. Kouzes (2006)

Mapping Innovation: A Playbook for Navigating a Disruptive Age

Greg Satell (2017)

Blogs

Beat Employee Engagement Crisis by Leading for the Future with Your Head, Heart, and Hands

Nina Simosko (2017)

<https://www.ninasimosko.com/2017/03/28/beat-employee-engagement-crisis-leading-future-head-heart-hands/>

TEDx Talks

We've Stopped Trusting Institutions and Started Trusting Strangers

https://www.ted.com/talks/rachel_botsman_we_ve_stopped_trusting_institutions_and_started_trusting_strangers

What If We Paid Doctors to Keep People Healthy?

https://www.ted.com/talks/matthias_mullenbeck_what_if_we_paid_doctors_to_keep_people_healthy

Design at the Intersection of Technology and Biology

https://www.ted.com/talks/neri_oxman_design_at_the_intersection_of_technology_and_biology

How Great Leaders Inspire Action

https://www.ted.com/talks/simon_sinek_how_great_leaders_inspire_action

What If Our Health Care Systems Kept Us Healthy?

https://www.ted.com/talks/rebecca_onie_what_if_our_healthcare_system_kept_us_healthy

Articles/Reports

Is Execution Where Good Strategies Go to Die?

Mark Bonchek (2017)

<https://hbr.org/2017/11/is-execution-where-good-strategies-go-to-die>

Planning Doesn't Have to Be the Enemy of Agile

Alessandro Di Fiore (2018)

<https://hbr.org/2018/09/planning-doesnt-have-to-be-the-enemy-of-agile>

The Top 6 Steps of Strategic Planning

George Deeb (2018)

<https://www.forbes.com/sites/georgedeeb/2018/12/04/the-top-6-steps-of-strategic-planning/#11b88e135b25>

Books

Tools of Titans: The Tactics, Routines, and Habits of Billionaires, Icons, and World-Class Performers

Timothy Ferris (2016)

The Leadership Challenge: How to Make Extraordinary Things Happen in Organizations

James M. Kouzes, Barry Posner (2012)

Strategy That Works

Paul Leinwand (2016)

Good Strategy/Bad Strategy: The Difference and Why it Matters

Richard Rumel (2017)

The Essential Drucker: The Best of Sixty Years of Peter Drucker's Essential Writings on Management

Peter F. Drucker (2008)

Blue Ocean Strategy, Expanded Edition: How to Create Uncontested Market Space and Make the Competition Irrelevant

W. Chan Kim (2015)

The Pumpkin Plan: A Simple Strategy to Grow a Remarkable Business in Any Field

Mike Michalowicz (2012)

Blog

Seth Goodin

<https://seths.blog/>

Podcast

Akimbo

<https://www.akimbo.me/>

Recommended Resources



Videos

The Strategic Thinking & Strategic Planning Process

Rich Horwatch (2017)

<https://www.youtube.com/watch?v=2XOF84drZwE>

TEDx Talks

3 Ways to Plan for the Very Long Term

https://www.ted.com/talks/ari_wallach_3_ways_to_plan_for_the_very_long_term

Articles/Reports

How to Debate Ideas Productively at Work

Shane Snow (2019)

<https://hbr.org/2019/01/how-to-debate-ideas-productively-at-work>

Nine Ways to Build a More Collaborative Team

Brandon Stapper (2018)

<https://www.forbes.com/sites/forbesagencycouncil/2018/10/18/nine-ways-to-build-a-more-collaborative-team/#24721261355e>

Books

Quiet: The Power of Introverts in a World That Can't Stop Talking

Susan Cain (2013)

The Culture Code: The Secrets of Highly Successful Groups

Daniel Coyle (2018)

What Got You Here Won't Get You There

Marshall Goldsmith (2007)

Influencer: The New Science of Leading Change

Joseph Grenny, Kerry Patterson, David Maxfield, Ron McMillan, Al Switzler (2013)

The New One Minute Manager (The One Minute Manager-updated)

Ken Blanchard & Spencer Johnson (2016)

Boundary Spanning Leadership: Six Practices for Solving Problems, Driving Innovation, and Transforming Organizations

Chris Ernst & Donna Chrobot-Mason (2010)

Just Listen: Discover the Secret to Getting Through to Absolutely Anyone

Mark Goulston (2015)

The Five Dysfunctions of a Team

Patrick Lencioni (2002)

Everyone Communicates, Few Connect: What the Most Effective People Do Differently

John C. Maxwell (2010)

Leaders Eat Last: Why Some Teams Pull Together and Others Don't

Simon Sinek (2017)

Blogs

Tammy Lenski, Conflict Resolution

<https://tammylenski.com/>

Assessments/Tools

HRDQ What's My Communication Style

<https://www.hrdqstore.com/whats-my-communication-style>

EQi-2.0

<https://www.mhs.com/MHS-Talent?prodname=eq2>

Relationship Mapping

<https://citoolkit.com/articles/relationship-mapping/>

Videos

How to Influence People – 60 Seconds in the C-Suite

Rich Lesser, President & CEO of Boston Consulting Group

<https://www.youtube.com/watch?v=YigdJQTZ4TA>

TEDx Talks

The Hidden Influence of Social Networks

https://www.ted.com/talks/nicholas_christakis_the_hidden_influence_of_social_networks

Your Body Language Shapes Who You Are

https://www.ted.com/talks/amy_cuddy_your_body_language_shapes_who_you_are

How to Disagree Productively and Find Common Ground

https://www.ted.com/talks/julia_dhar_how_to_disagree_productively_and_find_common_ground

The Power of Connection: Bridging the Divide

<https://www.youtube.com/watch?v=2qKmeu5NyoQ>

Articles/Reports

Getting to Equal 2018: She Rises, We All Rise
Accenture (2018)

https://www.accenture.com/t20180306T024312Z_w_us-en/acnmedia/PDF-73/Accenture-When-She-Rises-We-All-Rise.pdf - zoom=50

Books

Unleash the Power of Storytelling: Win Hearts, Change Minds, Get Results
Rob Biesenback (2018)

Succeed –How We Can Reach Our Goals
Heidi Grant Halvorson, Ph.D (2011)

Building a StoryBrand: Clarify Your Message So Customers Will Listen
Donald Miller (2017)

What Great Brands Do: The Seven Brand-Building Principles that Separate the Best from the Rest
Denise Lee Yohn (2014)

Career Distinction
William Arruda (2007)

True North
Bill George (2007)

How Women Rise: Break the 12 Habits Holding You Back from Your Next Raise, Promotion, or Job
Sally Helgesen and Marshall Goldsmith (2018)

Lean In: Women, Work and the Will to Lead
Sheryl Sandberg (2013)

Apps

To encourage learning and mindfulness

Blinkist

Gives you key ideas from the world's best nonfiction books in 15-minute text and audio
<https://www.blinkist.com/>

Goodreads

Find new and interesting books by browsing personalized recommendations based on books you've read and your favorite genres. See what your friends are reading, write book reviews, and keep track of what you want to read

<https://itunes.apple.com/us/app/goodreads-book-reviews/id355833469?mt=8>

Recommended Resources

Potential Project

Supports a daily mindfulness practice for leaders

<https://www.potentialproject.com/apps/>

Blogs

TED Blog

<https://blog.ted.com/>

TED Blog: TED Talks

<https://blog.ted.com/tag/ted-talks/>

Assessments/Tools

StrengthsFinder

<https://www.gallupstrengthscenter.com/home/en-us/strengthsfinder>

Videos

Whiteboard Session: This is Your Brain on Mindfulness (paywall)

Harvard Business Review

<https://hbr.org/video/5733892615001/whiteboard-session-this-is-your-brain-on-mindfulness>

TEDx Talks

The Happy Secret to Better Work

https://www.ted.com/talks/shawn_achor_the_happy_secret_to_better_work

Get Comfortable with Being Uncomfortable

https://www.ted.com/talks/luvvie_ajayi_get_comfortable_with_being_uncomfortable

The Art of Stillness

https://www.ted.com/talks/pico_ayer_the_art_of_stillness

Articles/Reports

Delivering through Diversity 2018

Vivian Hunt, Sara Prince, Sundiatu Dixon-Fyle, Lareina Yee

<https://www.mckinsey.com/business-functions/organization/our-insights/delivering-through-diversity>

Nine Ways to Build a More Collaborative Team

Brandon Stapper (2018)

<https://www.forbes.com/sites/forbesagencycouncil/2018/10/18/nine-ways-to-build-a-more-collaborative-team/#24721261355e>

Our Biases Undermine Our Colleagues' Attempts to Be Authentic

Tina R. Opie and R. Edward Freeman

<https://hbr.org/2017/07/our-biases-undermine-our-colleagues-attempts-to-be-authentic>

Executive Presence: What is It, Why You Need It and How To Get It

Gerry Valentine

<https://www.forbes.com/sites/forbescoachescouncil/2018/07/31/executive-presence-what-is-it-why-you-need-it-and-how-to-get-it/#7e74b6d36bc7>

Why Diversity Programs Fail

Frank Dobbin and Alexandra Kalev

<https://hbr.org/2016/07/why-diversity-programs-fail>

Developing Executive Presence

Joshua Ehrlich

<https://hbr.org/2011/12/developing-the-presence-of-an>

Overloaded Circuits: Why Smart People Underperform

Edward Hallowell

<https://hbr.org/2005/01/overloaded-circuits-why-smart-people-underperform>

Women in the Workplace 2017

McKinsey & Company and LeanIn.Org

<https://womenintheworkplace.com/>

Books

The Power of Latino Leadership: Culture, Inclusion, and Contribution

Juana Bordas (2013)

Presence: Bringing Your Boldest Self to Your Biggest Challenges

Amy Cuddy (2018)

Principles: Life and Work

Ray Dalio (2017)

Executive Presence: The Missing Link Between Merit and Success

Sylvia Ann Hewlett (2014)

Recommended Resources

Apps

To encourage daily mindfulness

Headspace

<https://www.headspace.com/>

Assessments/Tools

HBR Mindfulness Assessment

<https://hbr.org/2017/03/assessment-how-mindful-are-you>

Videos

Inclusion Starts with I

Accenture

<https://www.youtube.com/watch?v=2g88Ju6nkcg>

TEDx Talks

The Power of Vulnerability

https://www.ted.com/talks/brene_brown_on_vulnerability

Your Body Language May Shape Who You Are

https://www.ted.com/talks/amy_cuddy_your_body_language_shapes_who_you_are

The Gift and Power of Emotional Courage

https://www.ted.com/talks/susan_david_the_gift_and_power_of_emotional_courage

Why Aren't We More Compassionate?

https://www.ted.com/talks/daniel_goleman_on_compassion

All It Takes is 10 Mindful Minutes

https://www.ted.com/talks/andy_puddicombe_all_it_takes_is_10_mindful_minutes